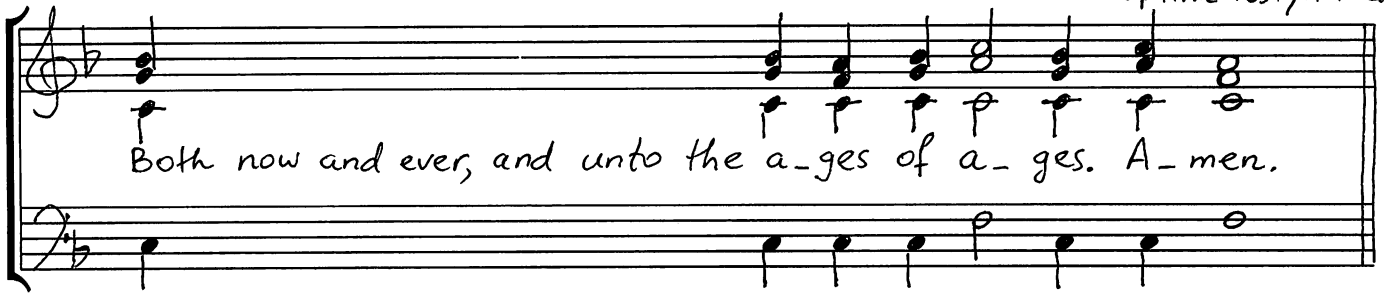


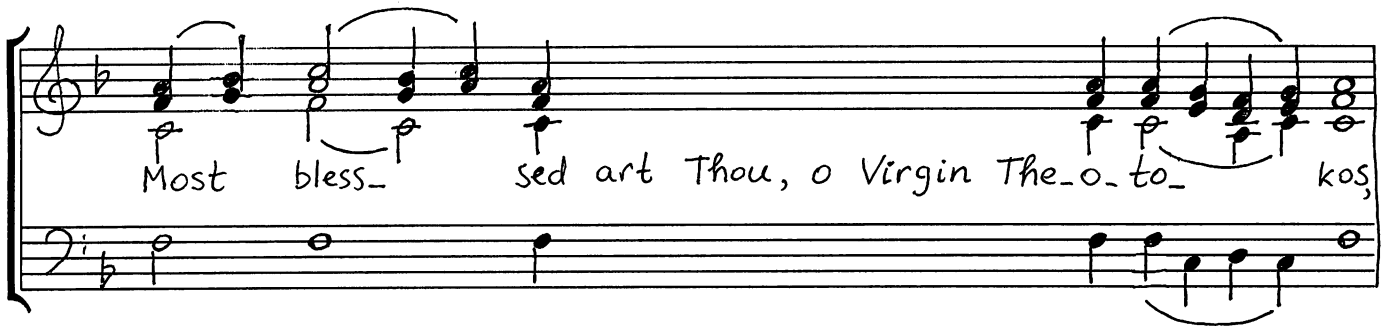
Sunday Theotokion on the Praises.

Tone 2

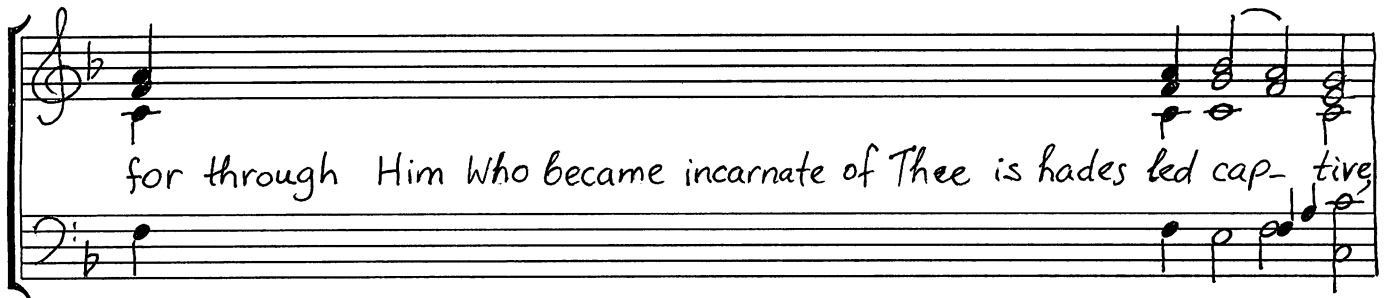
Optina Pustyn Melody



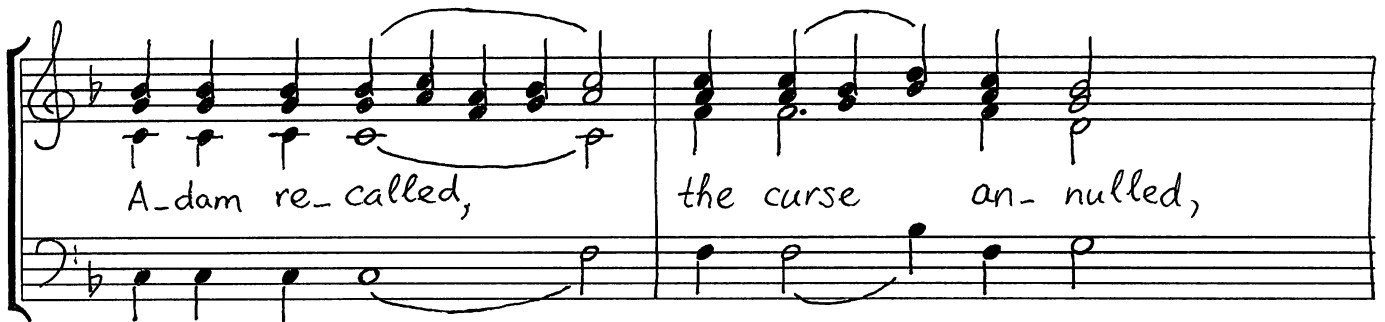
Both now and ever, and unto the a-ges of a-ges. A-men.



Most bless- sed art Thou, o Virgin The-o-to- kos,



for through Him Who became incarnate of Thee is hades led cap- tive,



A-dam re-called, the curse an-nulled,



Eve set free, death slain and

we are giv-en life. Wherefore we cry a-loud in praise;

Blessed art Thou, O Christ God, Who hast been thus well-pleased,

Glo-ry to Thee.